

## MEMBER'S WEBSITE ENTRY FORM

Districts covered            Huntingdonshire

Organisation            Nicki Nunn – Reflexologist

Address                    Burwell,  
                                  Cambridge

Tel                            01638 610091

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Website                    <http://www.nickinunn.com/>

### Description of Services

Holistic healing for mind, body and soul.

#### **Why holistic healing?**

The term 'holistic' is derived from the Greek word 'holos' meaning whole. The holistic approach takes the 'whole' person into consideration, not just the physical symptoms or conditions. Each individual is a complex balance of physical, mental and spiritual aspects that integrates and is directly affected by environmental, nutritional and social factors.

The body has the ability to heal itself naturally; however this process can be prevented by stress and tension, allowing longer term chronic ailments and illnesses to develop.

Every individual is unique and it is important to tailor therapies to meet each person's needs. The holistic approach enables people to improve their health and re-establish the body's equilibrium, known as homeostasis.

We offer a variety of alternative therapies, including Aromatherapy and Massage, Indian Head Massage, Hopi Ear Candles, Reflexology and Reiki, amongst others.

Contact                      For more information about the therapies we offer and their benefits, please visit our website at [www.nickinunn.com](http://www.nickinunn.com), or contact Nicki on 01638 610091, or by email at [n.nunn@ntlworld.com](mailto:n.nunn@ntlworld.com)