

MEMBER'S WEBSITE ENTRY FORM

Districts covered Cambridgeshire and Peterborough

Organisation Crossroads Care West Anglia /
West Anglia Crossroads Caring for Carers

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Description of Services

West Anglia Crossroads is a registered charity and leading provider of specialist care services for carers across Cambridgeshire. Our headquarters are located in St Ives. We are a member of Crossroads Association, the largest organisation providing respite care for carers in the UK.

Our aim is to promote, offer, support and deliver high quality services for carers and people with care needs.

Last year, West Anglia Crossroads provided over 69,000 hours of care for over 1000 adults, young carers and families of children with disabilities locally.

We help to maintain carers' health and wellbeing and relieve the stresses of caring by providing a reliable, tailored range of practical support to carers and those they care for.

Our fully trained carer support workers enable the carer to take a much needed break from their caring role during the day or night, seven days a week. They can use their time as they wish – to work, see friends, keep appointments, relax or simply just have a rest elsewhere in the home. We often provide outings, personal and social care and enable the carer and cared for to do things together.

When caring for adults or children, our staff are trained to take over the responsibilities of the carer for a short while and often provide emotional support for the family. We support adults and disabled children to achieve and enjoy. Our help ensures that the person being cared for can remain in their home for longer, and avoid the need for admission to hospital or other caring institution.

We provide a free Macmillan Crossroads Cancer and Palliative Care Service in Huntingdonshire and also run a number of day groups or clubs for children, adults and young carers.

We are the leading local 3* Care Quality Commission (was CSCI) Registered organisation providing care breaks of an hour or more specifically for carers.

Caring With Confidence programme

West Anglia Crossroads are delighted to announce they will provide the Caring with Confidence programme in Cambridgeshire and Peterborough.

Caring with Confidence, a free Department of Health backed knowledge and skills based learning experience, was launched in the East of England – with the aim of helping carers make a positive difference to their life and that of the person they care for.

“The new programme will be free to carers, giving them a safe and supportive environment to explore the services available to them, look at the essentials of looking after someone and how to communicate effectively with other people to help support their needs - which will improve their own health and wellbeing and that of the person they care for.

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“The programme will allow those people who find themselves in a caring role the opportunity to meet other people in a similar situation, learn more about the condition they are dealing with and improve their ability to get exactly what they need from the health professionals and services available to them.”

Caring with Confidence is part of the Government’s New Deal for Carers and the National Carers Strategy. It is aimed at helping carers build on their knowledge and strengths, sharing useful information and identifying the positive changes they can make in their own situations.

Contact For further information, please call us on 0845 2410954, or email us at care@westangliacrossroads.org.uk

Organisation registration details Registered Charity No. 1091522
A company limited by guarantee
Registered in England No. 4379948
Scheme Member of Crossroads Association